The Perfect Pout SA

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**PLASMA PEN AFTERCARE & POST TREATMENT GUIDELINES**

**How it works?**
Unlike any device on the market, the Plasma Pen converts electrical energy into an electrostatic energy to create artificial nitrogen plasma. Plasma is an ionized gas consisting of positive ions and free electrons in proportions which enables it to conduct electricity. These Plasma Pen device discharges precise flashes of plasma in millisecond bursts, triggering the body’s natural healing and anti-aging processes in the epidermal and dermal layers. Your body then starts produces new collagen and elastin to improve skin texture and tone. This treatment is also known as Fibroblasting. Fibroblasts are the cells that produce collagen

**Post Plasma Pen Treatment**
For 5-14 days following your treatment, you will experience skin sensitivity, mild to moderate redness, swelling, skin crusting and flaking. Swelling usually begins the day after treatment and typically lasts for 5 days.

**Healing Process for Plasma treatments:**
Day 1
• Erythema and swelling present
• Micro-crusting occurs and can last up to 3 – 4 weeks
• Discomfort, pain and slight discharge can occur, but this is normal
• Treatment area is NOT to get wet for 48 hrs
Day 2
• Swelling may migrate under eyes, even if plasma treatment wasn't carried out on lower lids, this is normal because fluid drainage may occur to lower lids
• Bruising may occur
Day 3
• Odema peaks at 72 hours
• Do not pick, scratch, rub or abrade the scabs
Day 4-7
• Minor discomfort and odema
• Scabs may start to fall
Week 2
• Area may feel tender to touch and look pink
• Mild stinging sensation when applying products
Week 3-4
• Area may be still slightly tender and pinker than the rest of skin
• Complete clearance of micro-crusting
Month 2
• Tenderness should have subsided and area should have blended with surrounding skin tone.

We recommend you do not wear makeup in the area treated during the 5-7 day healing process because the application and/or removal of makeup could prematurely disrupt the scabs before they are ready to flake off.

**Immediately Following Your Treatment:**

We recommend applying small amounts of Silver Gel (morning, noon and evening) to soothe inflamed skin and heal. It may also provide relief from possible itching and helps expedite a scar free healing process. Approx 2 weeks.

Do NOT wash or get water over the treated areas until the scabs are off. This is considered a “dry heal”. If the area becomes wet while showering, gently blow dry.

Do NOT take any anti-inflammatory medicine, allergy medicine, Advil or ibuprofen for 2 weeks after your treatment. Paracetomol is acceptable if needed.

Do NOT apply cold or ice packs on the skin could interfere with the mechanism of action performed by the device and the skin’s natural heat and healing process to achieve the desired result. Swelling is a minor inconvenience to achieve the desired outcome.

It is highly unlikely you will ever get an infection from a Plasma Pen treatment as the wound we cause is not open. However, the first 12 hours post-treatment is of vital importance in protecting you from any kind of potential infection so please avoid any activities where you could expose yourself to contaminants, meaning going to the gym, public places where you can pick up germs by touching things then touching your skin.

Absolutely do NOT use any lotions or creams that are not provided for the next 2 weeks.

Do NOT pick crusts off as this will delay the healing process and could cause scarring

After treating areas of the face, we recommend you sleep on your back with your head elevated to minimize swelling. If you have received treatment to your eye area, then it is important you sleep slightly elevated for up to 7 days as this can greatly reduce swelling.

It is normal for the area that has been treated to feel tight and dry. Occasional weeping will settle, tiny crusts will quickly form on the treated area. These may be visible for up to about a week. The crusts/scabs will become darker before the fall off.

When the crusts have fallen off then your skin may be a little pink as it is fresh, new and rejuvenated baby skin. This pinkness will fade over time in as little as 2 weeks up to a few months. In rare cases it may take up to 6 months.

Once the crusts/scabs have all fallen off, use the sterile saline wipes gently over the area treated to clean the area. Continue using the saline wipes for 2 days.

##### After those two days apply small amounts of the IDEBENONE Daily Care to the treated area until all used.

Idebenone oil is a gold coloured anti-oxidant solution.